

# GEL LINER

## CARE AND INSTRUCTIONS



It is extremely important to the health and integrity of your limb and skin to maintain a CLEAN and WELL-KEPT Gel Liner. It will help you to avoid unnecessary difficulties, like itchiness, unwanted odors, premature wear of the liner, etc.

### **WARNINGS:**

- Never bring anything SHARP, ABRASIVE (finger nails, rings, scrubbing brush, etc.) or HARSH CHEMICALS (bleach, acetone, disinfectant wipes, etc.) into contact with the gel, as it can damage the liner and possibly void the warranty.
- Never allow soap residue to remain on the gel, as this will cause skin irritations
- Never leave your liner exposed to extreme HEAT/COLD, as this could lead to permanent damage
- Never store your liner inside-out or folded. This will prevent the liner from “warping” and collecting unwanted dust/debris while it is not being used.

### **To Clean/Wash:**

4. Flip the liner inside-out so that the gel that goes directly onto your skin is exposed. This gel should be cleaned at the end of every day the liner is used. Using a small amount of soap (whatever soap you typically use to shower is recommended in order to avoid possible skin irritation/allergic reactions from occurring), make sure to rub every square inch of the liner.
  - Just running water over the liner to rinse it clean WILL NOT remove particles from the gel, so soap and friction (your hands are the roughest materials you would ever want to use to clean the liner on the inside. You might use a wash cloth to scrub the outer fabric, if your liner requires it)
5. RINSE the soap/detergent off THOROUGHLY to ensure no residue remains
6. DRY the liner with a lint-free towel, or more commonly, allow it to air-dry overnight

### **TIP FOR SUCCESS:**

*Gel Liners can exhibit an odor over time (like your shoes), and failing to wash your liner DAILY will make it increasingly harder to prevent the development of those odors!*

Questions?

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